

*Our Mission: To provide life enriching activities and care for adults with memory loss as well as support and respite for caregivers.*

## Upcoming Events:

**Daylight Savings is Sunday November 7!** Don't forget to change your clocks back one hour!

**Election day is Tuesday November 9!**

**Senior's Choice, Foot Care will be at JAPD Friday, November 12.** Let us know if you would like to sign up for some fabulous foot care! Or contact Sheree at 303-347-8848.

**Monday, November 15 Men's and Women's Haircuts for \$10!** Renee Rogers will be in from 1-4 p.m. The \$10 donation benefits our beloved JADP. Be sure to set up an appointment!

**Our Thanksgiving Celebration** will be on Wednesday, November 24.

**JADP will be closed for Thanksgiving on Thursday, November 25.**

**Join us on Tuesday and Friday mornings for Tai Chi!** We begin at 9:15 a.m.

The Johnson Adult Day Program asks for your help in defeating Amendments 60, 61 and Proposition 101 as they would harm ability for nonprofits to provide essential services to Coloradans. Colorado simply cannot provide adequate services if we permanently cut taxes and fees that fund our ability to fix roads, run schools and staff our facilities. Colorado nonprofits also depend on these services to ensure a strong workforce and deliver quality services. Please plan to vote this election on Tuesday November 2 and please vote NO on 60, 61 and 101.

We also want to encourage everyone to stay healthy and get their flu shots! JADP is not dispensing flu shots this year, but are happy to help make arrangements for everyone to get this shot. It is very important to the health of our participants. Please visit your local pharmacy (such as Walgreens), your doctor's office, or ask us for help to get you taken care of for this flu season!

We are working to develop more tactile experiences and have found that our participants really love to discuss jewelry, tools, etc. We would love to collect jewelry, tools and ties for our participants to use. If you have anything in your garage or attic that you aren't using any more that we could use for our participants, we would love a donation!

For the month of October we had some incredible fun with our theme being **"Shades of Orange."** We talked about fall, harvest, the Broncos and of course Halloween! To top the month of October we had our Halloween Party! Lots of fun costumes were seen during our costume parade, and everyone had lots of fun.

We have lots to be Thankful for as we head into November! Our theme is the **"Season of Thanks."** We will celebrate Thanksgiving on Wednesday, November 24, as our center is closed Thursday, November 25, for Thanksgiving day.

We will enjoy discussing what all we are thankful for. I will start with saying that I am so thankful for each and every one of you, for the love and compassion we feel every day at JADP, and for all of the wonderful support we have in serving you and your loved ones.



Thank you, and bless you!  
**Caroline Tysseland, BS, RN**  
Director, Johnson Adult Day Program  
303-789-1519 | [CTysseland@jadp.org](mailto:CTysseland@jadp.org)

## Thanksgiving Riddles and Jokes

- Q. When did the Pilgrims first say "God bless America?" A. The first time they heard America sneeze!
- Q. What are unhappy cranberries called? A. Blueberries!
- Q. What's blue and covered with feathers? A. A turkey holding its breath!
- Q. If April showers bring May flowers, what do May flowers bring? A. Pilgrims!
- Q. Why did the turkey cross the road? A. It was the chicken's day off!
- Q. When the Pilgrims landed, where did they stand? A. On their feet!
- Q. Why didn't the turkey eat dessert? A. He was stuffed!
- Q. Why did they let the turkey join the band? A. He had the drumsticks!
- Q. What kind of music did the Pilgrims listen to? A. Plymouth Rock!
- Q. What always comes at the end of Thanksgiving? A. The letter "g"!










# November Menu

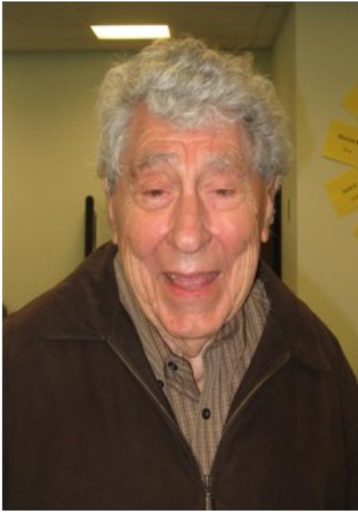
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>1</b></p> <p><b>Turkey Tetrzzini</b> Ziti Pasta Bread Sticks Vegetables Coleslaw Sherbert</p>	<p><b>2</b></p> <p><b>Baked Fish</b> Mac &amp; Cheese Green Beans Fruit Strawberry Mousse</p>	<p><b>3</b></p> <p><b>Chicken Salad Sandwich</b> Chips Vegetables Jell-O with Fruit Pineapple Upside Down Cake</p>	<p><b>4</b></p> <p><b>Swiss Steak</b> O'Brien Potatoes Vegetables Fresh Cut Grapes Brownies</p>	<p><b>5</b></p> <p><b>Chicken Nuggets</b> BBQ Sauce Wild Rice Blend Vegetables Coleslaw Cherry Crumb</p>
<p><b>8</b></p> <p><b>Chicken Breast in Italian Stew</b> Rice Vegetables Bean &amp; Onion Salad Red Jell-O Cake</p>	<p><b>9</b></p> <p><b>Pork Tortilla Casserole</b> Vegetable Fruit Ice Cream</p>	<p><b>10</b></p> <p><b>Stuffed Shells w/ Meat Sauce</b> Garlic Bread Vegetables Pears Apple Crumb</p>	<p><b>11</b></p> <p><b>Tuna Salad Sandwich</b> Chips Corn Cottage Cheese Vanilla Pudding</p>	<p><b>12</b></p> <p><b>Baked Ham</b> Mashed Sweet Potatoes Vegetables Mandarin Oranges German Chocolate Cake</p>
<p><b>15</b></p> <p><b>Hot Roasted Turkey</b> Mashed Potatoes Succotash Pears Cheese Cake w/ Blueberry Sauce</p>	<p><b>16</b></p> <p><b>Cheese Lasagne</b> Vegetables Break Sticks Coleslaw Pistacchio Pudding</p>	<p><b>17</b></p> <p><b>Beef Stroganoff</b> Mushroom Sauce Bowtie Pasta Beets Garlic Bread Cucumber Salad Ice Cream Sandwich</p>	<p><b>18</b></p> <p><b>Meatloaf</b> Mashed Potatoes Gravy Vegetables Carrot Raisin Salad Strawberry Marble Cake</p>	<p><b>19</b></p> <p><b>BBQ Ribblets</b> Baked Beans Vegetables Bread Sticks Fruit Cookies</p>
<p><b>22</b></p> <p><b>Spaghetti w/ Meatballs</b> Garlic Bread Vegetables Waldorf Salad Raspberry Sherbert</p>	<p><b>23</b></p> <p><b>Tuna Salad Sandwich</b> Vegetables Chips Fruit Cookies</p>	<p><b>24</b></p> <p><b>Swiss Steak</b> Mushrooms Garlic Mashed Potatoes Gravy Green Beans Cranberry Salad Chocolate Pudding</p>	<p><b>25</b></p> <p><b>*CLOSED*</b></p>	<p><b>26</b></p> <p><b>BBQ Shredded Pork</b> on 1/2 a bun Cauliflower Fruit Lemon Pudding</p>
<p><b>29</b></p> <p><b>Meatloaf</b> Mashed Potatoes Gravy Corn Jell-O Salad Lemon Pudding</p>	<p><b>30</b></p> <p><b>Chicken Salad Sandwich</b> Chips Vegetables Fruit Ice Cream</p>		<p><b>25</b></p> 	<p><b>26</b></p> <p>Our center participates in a USDA funded program and is an equal opportunity provider and employer!</p>



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# November Activities

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>1</b></p>  <p><b>Entertainment:</b> Chuck Casole Piano</p>	<p><b>2</b> (Election Day)</p> <p><b>Daytrip:</b> Gates Planetarium Journey to the Stars</p> <p><b>Entertainment:</b> It's Never 2 Late</p>	<p><b>3</b></p> <p><b>Daytrip:</b> Isalmadore's at Bass Pro Shop</p> <p><b>Entertainment:</b> Roz Brown Autoharp</p>	<p><b>4</b></p> <p><b>Daytrip:</b> Agness of Glass Art Exhibit</p> <p><b>Entertainment:</b> Bill Sucke Guitar and Song</p>	<p><b>5</b></p>  <p><b>Entertainment:</b> Verne Bullock Guitar and Song</p>
<p><b>8</b> (Daylight Savings Nov. 7)</p> <p><b>Entertainment:</b> Gary Stazahan Digital Trumpet</p>	<p><b>9</b></p>  <p><b>Daytrip:</b> St Johns Concert Cabaret Songs</p> <p><b>Entertainment:</b> Dan McCearon Digital Fluit</p>	<p><b>10</b></p> <p><b>Daytrip:</b> Access Gallery</p> <p><b>Entertainment:</b> Karaoke</p>	<p><b>11</b></p> <p><b>Daytrip:</b> Colorado Springs Fine Arts Center</p> <p><b>Entertainment:</b> It's Never 2 Late Veteran's Day</p>	<p><b>12</b></p> <p>Senior's Choice Foot Care at JADP</p> <p><b>Entertainment:</b> Grace Christus Piano</p>
<p><b>15</b></p> <p>Renee Rogers Hairy Stylist</p> <p><b>Entertainment:</b> Cliff Spratt Guitar and Song (Remax Volunteers)</p>	<p><b>16</b></p> <p><b>Daytrip:</b> Active Minds Vivaldi Four Seasons</p> <p><b>Entertainment:</b> Don Garcia Singer</p>	<p><b>17</b></p> <p><b>Daytrip:</b> Marie Callenders</p> <p><b>Entertainment:</b> Emmett Horst Accordian Player</p>	<p><b>18</b></p> <p><b>Daytrip:</b> American Mountaineering Museum</p> <p><b>Entertainment:</b> It's Never 2 Late</p>	<p><b>19</b></p>  <p><b>Entertainment:</b> Harmonics Vocal Group</p>
<p><b>22</b></p>  <p><b>Entertainment:</b> Angel Hearinging Harp (Mary Dog Therapy)</p>	<p><b>23</b></p> <p><b>Daytrip:</b> Lafayette Miner's Museum</p> <p><b>Entertainment:</b> Balloon Volleyball</p>	<p><b>24</b></p> <p><b>Daytrip:</b> IMAX 3-D Under the Sea</p> <p><b>Entertainment:</b> Thanksgiving Celebration</p>	<p><b>25</b></p> <p><b>*CLOSED*</b></p> 	<p><b>26</b></p> <p><b>Entertainment:</b> Kera Tafoya Guitar and Song</p>
<p><b>29</b></p> <p><b>Entertainment:</b> Maxine Singer</p>	<p><b>30</b></p> <p><b>Daytrip:</b> Museum of Outdoor Art</p> <p><b>Entertainment:</b> Stephen Smith Guitar and Song</p>			<p>9:30 Current Events 11:00 Let's Energize 11:45 Balloon Toss 12:00 Brain Games 12:30 Lunch 1:30 Stretch &amp; Stroll 2:00 Entertainment</p>
<p><b>Tai Chi Tuesday and Wednesday Mornings at 9:15</b></p>				



## Participant Profile

### Eddie Wexler

Eddie Wexler was born in Chicago in 1916. He was a runner, likes sports and worked as a sales person. He was a business owner and absolutely loved his job. He moved to Denver in 1962 with his family and started up his carpet business, "Edward's Carpets." He was Denver's Carpet King!

Eddie loves music and to dance, and he is often one of the first up on his feet at JADP asking for a dance during our entertainment. He is sweet and charming, and no doubt made for a fantastic Prom King during our Senior Prom in June of this year.

Eddie is a very caring soul and has done a lot of wonderful things in his lifetime. He was the President of the Downtown Aurora Business Association. He was active with the Civitan Club that helps needy, handicap children—primarily with down syndrome. He helped raise thousands of dollars for the club and served as President several times. He was a very active guy! We are so lucky to have such a great guy with us at JADP!

## Halloween October 29th 2010—Fun for All!



## The Johnson Adult Day Program

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303-789-1519

[www.jadp.org](http://www.jadp.org)