

## Benefits



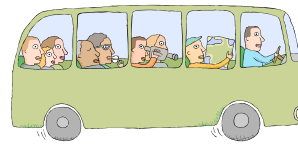
Lunch at a restaurant is included!

### Benefits of participating in Daytrips:

- Provides a safe and secure setting
- Offers a stimulating environment
- Great opportunity to socialize and learn
- Promotes independence and dignity
- Provides an opportunity to build friendships
- Creates enthusiasm and improves quality of life
- Provides a wonderful lunch out at a restaurant



Learning about trains with new friends



*Yes, I want to go places!*

Maureen Wells has a master's degree in psychiatric nursing and community mental health and is uniquely qualified to lead this special program. The Johnson Adult Day Program is fortunate to have her as our Daytripping Program Manager. Since 1999, JADP has worked closely with Maureen, integrating this program into the quality of care JADP provides.

### ***Daytripping Contact:***

*Maureen Wells*

*303-713-0607*

*maureenwells2003@msn.com*

### ***JADP Contact:***

Please call 303-789-1519 for more info!



Swetsville Zoo, Fort Collins

**JADP**  
JOHNSON ADULT  
DAY PROGRAM

[www.jadp.org](http://www.jadp.org)

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## Daytripping



Pine Valley Ranch Park

- **A unique program for adults with cognitive or physical limitations.**
- **Providing a stimulating environment that promotes independence and dignity.**
- **A great opportunity to build new friendships**
- **A welcome respite opportunity for caregivers!**

The Johnson Adult Day Program  
3444 S. Emerson St.  
Englewood, CO 80113  
303-789-1519  
[www.JADP.org](http://www.JADP.org)

**Our Mission:** To provide life-enriching activities and care for adults with memory loss as well as support and respite for caregivers.

## The Program

Do you have a family member or loved one who suffers from Alzheimer's Disease or other types of dementia? Are you taking care of someone with a physical or cognitive limitation? Would you like to discover a unique respite service to help you better care for yourself and your loved one?

### We have the program for you!!

Enriching trips that are fun, safe, and fully supervised excursions for higher functioning people who are still physically active!

An initial interview will help us maximize the Daytripping experience for your loved one. Our current fee is \$78.00 per day, billed monthly to your home. This fee includes lunch out at a restaurant and admissions to the activities.

We offer a 1:7 caregiver participant ratio for the daytrips. CPR trained, these caring companions create a safe and rewarding day for participants.

**Departure time.....10:00 A.M.**

**Return time.....3:00 P.M.**

Times may vary due to different activities



Outings at Gardens



Golden Gate State Park

## Daytrip Days Descriptions

Clients are assigned outings on the days that best match their abilities. The day activities are arranged for different levels of mobility.

- **Wednesdays** - Our easiest trips. Good for those who can manage a short flight of stairs and walk at a reasonable pace for up to 20 minutes without resting.
- **Tuesdays** - Moderate trips. Appropriate for those who can climb one or more flights of stairs and walk up to 40 minutes at a reasonable pace without resting.
- **Thursdays** - More difficult trips. Appropriate for those who can climb two or more flights of stairs of any steepness and walk up to 60 minutes at a reasonable pace without resting.

Caregivers are responsible for getting participants to the main departure point—The Johnson Adult Day Program located at 3444 S. Emerson St, Englewood, CO 80113— on-time in order to attend the daytrip outing.

*Note: Daytrips fill quickly. There is often a waiting or substitute list. Attendees who have committed to a regular schedule of daytrips are guaranteed a spot on their particular day.*

## Exciting Destinations:

- The Wildlife Experience
- National Earthquake Center, Golden
- Butterfly Pavilion, Westminster
- Hiwan Homestead, Evergreen
- Coors Brewery, Fort Collins
- Eldorado Canyon, Boulder
- The Governor's Mansion, Denver
- Garden of the Gods, Colorado Springs
- Denver History Museum
- Wings Over the Rockies, Lowry Field
- Mount Evans Highway
- Vintage Arrow Flying Museum
- Estes Park Museum
- Buffalo Bill Museum

*And Many More!*



Holiday Daytripping—bundle up!