

Our Mission: To provide life enriching activities and care for adults with memory loss as well as support and respite for caregivers.

### Upcoming Events:

**JADP Holiday Party** is on Wednesday, Dec. 14th from 1:30-3:00 p.m. Please RSVP to 303-789-1519!

**JADP will be CLOSED** Monday Dec. 26, 2011 in honor of Christmas.

**JADP Support Group** will meet on Wednesday December 28th at 10:00 a.m. Please RSVP to 303-789-1519.

*\*Note: Tuesday Evening support group has been discontinued.*

Monday and Tuesday mornings at 10:00 a.m. we have our **Memories in the Making Art Program!**

Mark your calendars - **JADP will be CLOSED** Monday, Jan. 2, 2012 in honor of New Years.

Join us on Tuesday and Friday mornings for **Tai Chi!** We begin at 9:15 a.m.

To see a calendar of upcoming events, please check out our website! [www.jadp.org](http://www.jadp.org)

Please join us for our annual



# HOLIDAY PARTY!



Wednesday, December 14, 2010  
1:30 to 3:00 p.m.



**Holiday Treats, a visit from Santa Claus, Christmas Carols, and Entertainment by Cliff Spratt**

We would love to have all of our participants and families come. If it is not your regular day, we would appreciate your bringing a family member/caregiver with you. Please call us.

**Please RSVP at 303-789-1519**



## Board of Directors:

Chris Nordling—Chair  
Loralee Sturm  
Shelley Karp  
Michelle Clopton, RN  
Lisa Duckett, MD  
Jim Graham  
Kathy Turley

## JADP Staff:

Dennis Veen—Executive Director  
Tracy Fehr—Clinical Director  
Linda Abeyta—CNA  
Claudia Betts—Activity Coordinator  
Rhonda Erwin—Program Assistant  
Lynette Hanson—Activity Coordinator  
Allan Hencmann—Program Assistant  
Donna Liechtling—RN  
Mila Mayster—CNA  
Maria Nagle—Program Assistant  
Bonnie Richards—  
Memories in the Making  
Carol Russell—Dietary Aid  
Cindie Shibata—Activity Coordinator  
Allison Smith—  
Administrative Assistant  
Maureen Wells—  
Daytripping Director  
Karen Wiberg—Participant Advocate



Staff members Maria with participant Kent at our Halloween Party, 2011!

# Happy Happenings at JADP...

## Ageless Outings

Need a great gift for the holidays? And want to support JADP? Purchase a copy of *Ageless Outings*—a Guidebook to the Greater Denver Region (2nd edition) where the Daytrippers have gone during the past years to over 220 different destinations for just \$20. Written by JADP's Maureen Wells, *Ageless Outings* is great for all ages, out-of-town guests or just the answer to "where should we go?" *Ageless Outings* specifies which trips are appropriate/safe for those with cane, walkers or wheelchairs/strollers and also gives restaurant suggestions. A percentage of all book sales will benefit JADP's Activity Fund directly. Books can be purchased (and signed by the author) at JADP (please inquire at the front desk) or order online at [www.agelessoutings.com](http://www.agelessoutings.com) for either the electronic version or a spiral bound edition.

## AC's Community L.I.F.T. Food and Clothing Drive

The Food and Clothing Drive that JADP has been doing for AC's Community L.I.F.T. - Life Interventions for Families in Transition - has been extended through the month of December. If you have some warm clothing, non-perishable food items, or even just some empty water bottles (for them to put dish soap and hand sanitizer in) or empty prescription bottles (labels removed) for use in their medical clinic, that would be greatly appreciated! There is a drop-off box in the lobby of JADP. Your help and support is greatly appreciated!

## JADP Annual Holiday Party

Join us for our annual Holiday Party! Festivities will begin at 1:30 p.m. on Wednesday, December 14th with refreshments, the wonderful entertainment of Cliff Spratt, dancing, and even a visit from Santa! Please RSVP to 303-789-1519 to attend! Remember, if it is not your regularly scheduled day, please bring a family member or caregiver with you.

## Holiday Closures

JADP will be closed on Monday, December 26th, 2011 in honor of Christmas. We will reopen for regular business hours on Tuesday, December 27th, 2011. JADP will also be closed on Monday, January 2nd, 2012 in honor of New Years. We will reopen for regular business hours on Tuesday, January 3rd, 2012.

## Flu Shots - It's that time of year!

We want to encourage everyone to stay healthy and get their flu shots! JADP is not dispensing flu shots this year, but are happy to help make arrangements for everyone to get this shot. It is very important to the health of our participants. Please visit your local pharmacy (such as Walgreens, Target, King Soopers), your doctor's office, or many other convenient locations. If you have any questions, don't hesitate to give us a call!

## JADP Support Groups

Thank you to those who attended our last JADP Support Group meetings. Our next meeting will be Wednesday, December 28, 2011 at 10:00 a.m. This meeting is open to all JADP families/caregivers no matter the diagnosis or condition of your loved one. Please RSVP to 303-789-1519 to attend.

\*Note: due to a lack of attendance/interest in the Tuesday Evening sessions, we will no longer be hosting the evening groups.

## JADP's Upcoming Remodel!

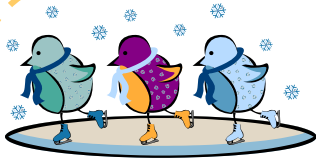
As many of you have heard, our lovely JADP building will be getting a bit of a face-lift in the new year! We are still awaiting final approvals of the designs by the city of Englewood and anticipate that remodeling will begin after the New Year. We would like to remind you that regular programming will continue as usual as most of the construction work will be happening over the weekends. If you have any questions, comments, or concerns, please feel free to give us a call. We are all very excited for the new look of our beloved building!

Sincerely,  
Dennis Veen

Executive Director

303-789-1519 | [dveen@jadp.org](mailto:dveen@jadp.org)





## JADP Policy Reminders

### **Personal Items:**

It's that time of year when the weather is getting colder and we are needing to bundle up! We are seeing more hats, scarves, gloves, and thick winter coats come through the doors. Please be sure that your name is clearly written on the inside of their belongings to be sure that they get back to you. Per our policies, JADP cannot be responsible for damage to or loss of items brought to the program. Storage space is provided for coats, hats, gloves, etc. We very much appreciate your cooperation with this policy.

### **Bad Weather Closures:**

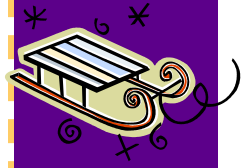
In the event of bad weather, the closure of the JADP will be listed on the local television news channels 9, 7, 31, and 2. The name of our center will scroll along the bottom of their screens as do the local schools during closures. A general good rule of thumb is that if the Englewood Public Schools are closed, we most likely will be closed as well.

### **Absences and the No Call/No Show Fee:**

We understand that there are some mornings that you wake up just not feeling like yourself, and it's hard to get up and get out here on your regularly scheduled day. We request that you are sure to give a call as soon as you know that you will not be in for your regularly scheduled day so that we can adjust our meal counts and staff scheduling accordingly. A telephone call to JADP must be made as soon as possible. If the office phones are diverted to voice mail, please leave a message regarding the absence. A note in writing given to the front desk or emailed to [asmith@jadp.org](mailto:asmith@jadp.org) would also be helpful.

*Note:* You should also call the transportation service you are using.

However, if you do not call on a regularly scheduled day, you will be issued a \$30 No Call/No Show fee that will appear on your monthly invoice.



**Q: Where do polar bears vote?**

**A: The North Poll.**

**Q: Why does Santa have 3 gardens?**

**A: So he can ho-ho-ho.**

**Q: What kind of bird can write?**

**A: A PENguin.**

**Q: What do you call a cat on the beach at Christmas time?** **A: Sandy Claus!**

**Q: What nationality is Santa Claus?**

**A: North Polish.**

**Q: What do snowmen eat for breakfast?**

**A: Snowflakes.**

**Q: Why do birds fly south for the winter ?**

**A: Because it's to far to walk.**

***A good tip for the holiday season: Never catch snowflakes with your tongue until all the birds have gone south for the winter.***



Dear JADP Families and Caregivers,

We are wanting to make you aware of *Advance Planning* — setting down in writing your desires for care if you become unable to speak. In the past, we've done small seminars, but in the new year we will offer to meet with you one-on-one personally to provide information and help with any problem-solving or questions that you may have. We have printed materials regarding: Do Not Resuscitate (DNR) orders, living wills, durable medical powers of attorney, Five Wishes, organ and tissue donation, palliative and hospice care.

We also welcome you to have a *Family Conference* to discuss the current needs of your loved one or to be of any assistance in filling out the JADP packet of admissions information (generally mailed out two weeks after beginning regular attendance here at the center). We want to be of service to you in any way we can to better assist you and your loved one.

If any of the above listed meetings would be of benefit to you, please call 303-789-1519 and make an appointment with one of us. We'd love to see you!

Our best,

*Tracy and Donna*

JADP Registered Nurse staff



## Participant Profile

### Blair Thomas



Blair Thomas was born in 1934 in Portland, Oregon. He owned an insurance agency for 45 years. He is married to the lovely Sally Jo Thomas—who volunteers at Swedish Hospital—and together they have four children and thirteen grandchildren! Blair loves sports, especially football. He is a big Broncos and CU fan. He also enjoys golf and popular music. Hawaii is one of the favorite places he has gone to on his travels in life. He is a delightful, fun loving guy who spends a couple days a week in our Music Room with one of his favorite Activity Coordinators, Lynette. We are so happy to have such a great guy here with us at JADP!

## Johnson Adult Day Program