

Our Mission: To provide life enriching activities and care for adults with memory loss as well as support and respite for caregivers.

**Upcoming Events:**

**Haircuts for Men and Women** by Rene Rogers for just \$10 will be in on Monday, Oct. 3, 2011 Sign up for an appointment.

**JADP Talent Show** on Wednesday October 12th at 2:00 p.m. Come share your talents! RSVP 303-789-1519.

**JADP Support Groups** will meet on Tuesday October 25th at 6:30 p.m. and Wednesday October 26th at 10:00 a.m. Please RSVP to 303-789-1519.

Monday and Tuesday mornings at 10:00 a.m. we have our **Memories in the Making Art Program!**

Join us on Tuesday and Friday mornings for **Tai Chi!** We begin at 9:15 a.m.

To see a calendar of upcoming events, please check out our website! [www.jadp.org](http://www.jadp.org)

# What's your talent?

## JADP Talent Show!



**Are you a Singer? Dancer? Painter? Comedian? Musician?  
We would love for you to show off your skills!**

JADP will be having a Talent Show on Wednesday, October 12th at 2:00 p.m. We hope to see you there!

Please RSVP 303-789-1519 if you would like to participate with a talent!

## **Board of Directors:**

Chris Nordling—Chair

Loralee Sturm

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Michelle Clopton, RN

Lisa Duckett, MD

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## **JADP Staff:**

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Coordinator

Rhonda Erwin—Program

Assistant

Lynette Hanson—Activity

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Assistant

Donna Liechtling—RN

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Assistant

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Memories in the Making

Carol Russell—Dietary Aid

Cindie Shibata—Activity

Coordinator

Allison Smith—

Administrative Assistant

Maureen Wells—

Daytripping Director

Karen Wiberg—Participant

Advocate

# Happy Happenings at JADP...

## **Memory Walk/The Walk to End Alzheimer's**

Thank you so much to those who made donations and supported our efforts for the Walk to End Alzheimer's! We were successful at reaching, and actually passing, our goal of raising \$1,500 for Alzheimer's research. It was a great event, and we look forward to it again next year!

## **Flu Shots - Closing in on Flu Season**

We want to encourage everyone to stay healthy and get their flu shots! JADP is not dispensing flu shots this year, but are happy to help make arrangements for everyone to get this shot. It is very important to the health of our participants. Please visit your local pharmacy (such as Walgreens, Target, King Soopers), your doctor's office, or many other convenient locations. If you have any questions, don't hesitate to give us a call!

## **Record Updates - Transportation Releases/Medication Changes/Contact Updates**

If you have not returned the form we sent earlier that indicates who has permission to pick up your loved one, please return that to us as soon as possible so we can update our records. Also, I would like to remind you that if there are any medication changes or contact information changes, please let us know as well so we can keep your information accurate.

## **ArtReach - Free Tickets for Local Events!**

Have you heard about the ArtReach Program? You are eligible to participate in this fabulous program where you can receive donated tickets to a wide variety of cultural, sporting and entertainment events-plus passes to museums and IMAX movies. ArtReach provides donated (free) tickets to non-profit organizations like JADP. Tickets are available to JADP participants and their accompanying family members and or care partners. All you need is an email address to get started. Once you register you will receive simple instructions on how to request your tickets-usually within one day. You will also receive a weekly listing of all the events that are available to you. Please contact Joanne Clark at [Clarjo45@msn.com](mailto:Clarjo45@msn.com) or call her at 303-347-9360 for more information.

## **Talent Show**

What is your special talent? Are you a Singer? Painter? Comedian? Dancer? Musician? We would love to see what you can do! We are going to have a talent show on Wednesday, October 12th at 2:00! RSVP 303-789-1519 to participate with a talent!

## **Changing Minds**

Changing Minds is an Education Symposium by the Alzheimer's Association at the Marriott Denver Tech Center is going to be on Wed, October 12. There will be a number of different professionals there to answer questions, lead discussions, and much more! JADP will have a booth there, so you will see familiar faces! Contact the Alzheimer's Association or visit the website [www.alz.org](http://www.alz.org) for register or get more information!

## **JADP Support Groups**

Thank you to those who attended our JADP Support Group meetings in August. We look forward to our next meetings on Tuesday October 25th at 6:30 p.m. and Wednesday October 26th at 10:00 a.m. These meetings are open to all JADP families/caregivers no matter the diagnosis or condition of your loved one. Please RSVP to 303-789-1519 to attend.

## **Happy Halloween!**

On Monday, October 31st, we would love to see everyone in their best Halloween costumes while we celebrate this very fun holiday! Witching hour will begin at 2:00 with the delightful Molly Kauffman providing us with piano and song for our entertainment.

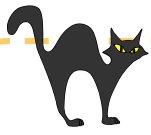


**Staff member Karen shares a birthday with participant Al.**

Sincerely,  
**Dennis Veen**  
Executive Director

303-789-1519 | [dveen@jadp.org](mailto:dveen@jadp.org)





# Halloween Fun!



## General Trivia

- Jack o' Lanterns originated in Ireland where people placed candles in hollowed-out turnips to keep away spirits and ghosts on the Samhain holiday.
- Pumpkins also come in white, blue and green. Great for unique monster carvings!
- Halloween was brought to North America by immigrants from Europe who would celebrate the harvest around a bonfire, share ghost stories, sing, dance and tell fortunes.
- Tootsie Rolls were the first wrapped penny candy in America.
- The ancient Celts thought that spirits and ghosts roamed the countryside on Halloween night. They began wearing masks and costumes to avoid being recognized as human.
- Halloween candy sales average about 2 billion dollars annually in the United States.
- Chocolate candy bars top the list as the most popular candy for trick-or-treaters with Snickers as #1.
- Halloween is the 2nd most commercially successful holiday, with Christmas being the first.
- Bobbing for apples is thought to have originated from the roman harvest festival that honors Pomona, the goddess of fruit trees.

## Monster Trivia & Folklore

- Signs of a werewolf are a unibrow, hair palms, tattoos, and a long middle finger.
- Vampires are mythical beings who defy death by sucking the blood of humans.
- In 1962, the Count Dracula Society was founded.
- To this day, there are vampire clubs and societies with people claiming to be real vampires.
- There really are so-called vampire bats, but they're not from Transylvania. They live in Central and South America and feed on the blood of cattle, horses and birds.
- Many people still believe that gargoyles were created by medieval architects and stone carvers to ward off evil spirits.

## Other Snippets

- If you see a spider on Halloween, it is the spirit of a loved one watching over you.
- The common little brown bat of North America has the longest life span for a mammal its size, with a life span averaging 32 years.
- In about 1 in 4 autopsies, a major disease is discovered that was previously undetected.
- The Ouija Board ended up outselling the game of Monopoly in its first full year at Salem. Over two million copies of the Ouija Board were shipped.



# Advance Planning: What is Palliative Care?

**Palliative Care** is a specialized area of healthcare that focuses on relieving and preventing the suffering of patients. Unlike hospice care, palliative medicine is appropriate for patients in all disease stages, including those undergoing treatment for curable illnesses and those living with chronic diseases, as well as patients who are nearing the end of life. Palliative medicine utilizes a multidisciplinary approach to patient care, relying on input from physicians, pharmacists, nurses, chaplains, social workers, psychologists, and other allied health professionals in formulating a plan of care to relieve suffering in all areas of a patient's life. This multidisciplinary approach allows the palliative care team to address physical, emotional, spiritual, and social concerns that arise with advanced illness.

Medications and treatments are said to have a palliative effect if they relieve symptoms without having a curative effect on the underlying disease or cause. This can include treating nausea related to chemotherapy or something as simple as morphine to treat a broken leg or aching related to an influenza (flu) infection.

The focus on a patient's quality of life has increased greatly during the past twenty years. In the United States today, 55% of hospitals with more than 100 beds offer a palliative-care program, and nearly one-fifth of community hospitals have palliative-care programs. A relatively recent development is the concept of a dedicated health care team that is entirely geared toward palliative treatment: a palliative-care team.

Palliative care is provided by a team of doctors, nurses, and other specialists who work together with a patient's other doctors to provide an extra layer of support. It is appropriate at any age and at any stage in a serious illness and can be provided along with curative treatment.

Palliative care is specialized medical care for people with serious illnesses. It is focused on providing patients with relief from the symptoms, pain, and stress of a serious illness — whatever the prognosis. The goal is to improve quality of life for both the patient and the family.

***If you have any further questions about Palliative Care or any other Advance Planning topics, don't hesitate to give us a call at 303-789-1519 and ask to speak with any of our Registered Nurses. They are happy to be of assistance!***

## Participant Profile

### Rose Coryell



Rose was born in Pennsylvania in 1932. She moved to Denver thirty years ago. She was a homemaker, married to Austin Coryell, and had seven children. She now has 18 grandchildren! Rose worked at Sears in the shoe department for 20 years. Her husband, Austin, has been a wonderful handyman around JADP since Rose began attending here in October, 2010. They also share fresh vegetables from their garden!

Rose likes old movies and doing puzzles. She enjoys music and singing. Rose is our trivia champion! She knows all the answers around here, especially when it comes to questions about movies and television. Rose is such a loving woman, and her husband is a special guy, we are so lucky to have them around JADP!

## Johnson Adult Day Program