

Our Mission: To provide life enriching activities and care for adults with memory loss as well as support and respite for caregivers.

Get ready for the annual...

Summer Luau!

Upcoming Events:

Summer Luau Party will be held on **Wednesday, August 17th** at 1:45 p.m. RSVP 303-789-1519 to join in the fun!

JADP Support Groups will meet on **Tuesday August 30th at 6:30 p.m.** and **Wednesday August 31st at 10:00 a.m.** Please RSVP to 303-789-1519.

Renee Rogers will be giving **Men's and Women's Haircuts** for just \$10 on **Monday August 29th**. Please sign up for an appointment.

Join us on **Tuesday and Friday mornings for Tai Chi!** We begin at 9:15 a.m.

Monday and Tuesday mornings at 10:00 a.m. we have our **Memories in the Making Art Program!**

To see a calendar of upcoming events, please check out our website! www.jadp.org



Wednesday August 17, 2011 at 1:45 p.m.

Celebrate the end of the summer with Hula Lessons by Nadine, Music by Cliff Spratt, refreshments, dancing, door prizes and fun!

Board of Directors:

Chris Nordling—Chair
Loralee Sturm
Shelley Karp
Michelle Clopton, RN
Lisa Duckett, MD
Jim Graham
Kathy Turley

JADP Staff:

Dennis Veen—Executive Director
Julie Lewis—Assistant Director
Tracy Fehr—Clinical Director
Linda Abeyta—CNA
Claudia Betts—Activity Coordinator
Amey Daboni—CNA
Rhonda Erwin—Program Assistant
Lynette Hanson—Activity Coordinator
Allen Hencmann—Program Assistant
Donna Liechtling—RN
Mila Mayster—CNA
Maria Nagle—Program Assistant
Bonnie Richards—
Memories in the Making
Carol Russell—Dietary Aid
Cindie Shibata—Activity Coordinator
Allison Smith—
Administrative Assistant
Maureen Wells—
Daytripping Director
Karen Wiberg—Participant Advocate

Happy Happenings at JADP...

Welcome to our Staff...Dennis Veen, our new Executive Director!

Since 2009, Dennis has served as the Executive Director of Brookdale Senior Living Heritage Club of Aurora where he has been responsible for the operation and success of an assisted living community, including a memory care program. In addition to several years working as a director in other healthcare settings, Dennis has also served as Human Resources Manager in the international headquarters of WorldVenture and as the Director of Marketing for the Senior Health Care Division of Centura Health. Dennis received his Masters Degree with an emphasis in Counseling from NABS in Sioux Falls, South Dakota, and holds a Certificate in Gerontology from the University of Denver. Dennis will be joining our family on August 10th.



Lawrence’s 100th Birthday!

We had a wonderful celebration for Lawrence’s Birthday! And if you got a look at the Denver Post on Thursday July 14th, you would have seen in the LifeSTYLE section a wonderful article about his life and how he made it to the age of 100! Thanks, Lawrence, for sharing this very special day with us!

http://www.denverpost.com/lifestyles/ci_18472054

Summer Luau!

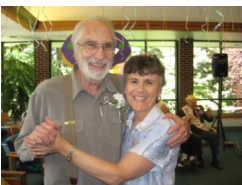
We will have our Summer Luau on **Wednesday August 17th** from 1:45 p.m. to 3:00 p.m. If you wish to join in the celebration, please call us at 303-789-1519 to RSVP! Music by Cliff Spratt, Hula Lessons with Nadine, dancing, refreshments, door prizes and loads of fun. Hope to see you there!

JADP Support Groups

Thank you to those who attended our first JADP Support Group meetings in June. We look forward to our next meetings on **Tuesday August 30th at 6:30 p.m. and Wednesday August 31st at 10:00 a.m.** Please RSVP to 303-789-1519 to attend. This is a great opportunity to reach out to other families and friends who have loved ones in our program and get the support that you need! Being a caregiver is full time, challenging and emotional work. It’s always good to know that you are not alone out there!

Join our team for the Walk to End Alzheimer’s!

The annual walk through the Alzheimer’s Association will be on Saturday September 17th at Denver City Park. We are accepting donations and asking people to join our team by registering online! Please visit the website: <http://walktoendalz.kintera.org/denver/johnsonadultdayprogram> and click to “Join Our Team”. Whether you walk with us or just want to make a small donation, we appreciate everyone’s support! Every little bit helps!



Staff member Cindie and participant Jerry do some dancing!

Sincerely,

JADP Staff

303-789-1519 | asmith@jadp.org

Fun and Free to do in Denver in August!

First Friday Art Walks

June 3, July 1, August 5, September 2

<http://www.artdistrictonsantafe.com/>

Discover Denver's thriving creative community during a First Friday celebration, held every first Friday of the month, during which galleries in Denver's art districts stay open late for a festive, street party-like event.

Mile High Movies

<http://www.downtowndenver.com/Life/WhattoDo/SkylinePark/MileHighMoviesinSkylinePark/tabid/266/Default.aspx>

Stretch out beneath the stars and enjoy free, family friendly movies at Skyline Park in the heart of Downtown Denver. Check back soon for a schedule of films. All movies begin at dusk behind the historic Daniels & Fisher Clocktower on 16th and Arapahoe.

Farmers' Markets

www.denver.org/what-to-do/museum-art/denver-farmers-markets

The many farmers' markets spread throughout the Mile High City aren't just about locally grown farm-fresh produce, delicious baked goods and good-to-the-last bite prepared foods – though you'll find more than enough of those things. Each Denver Farmers' Market is a festive, weekly street fair, with live entertainment, family friendly activities and a vibrant crowd of locals.

Golden Fine Arts Festival

August 20-21

<http://www.goldenfineartsfestival.org/>

Browse a variety of beautiful art at Colorado's most accessible arts festival, the 20th annual Golden Fine Arts Festival. The juried festival is an open-air art gallery in a gorgeous foothills setting adjacent to the Clear Creek.

Skyline Park Lunchtime Concerts

Fridays, July 1 - Aug. 19

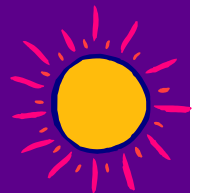
<http://www.downtowndenver.com/Life/WhattoDo/SkylinePark/tabid/110/Default.aspx>

As you check out the shopping and dining options on the 16th Street Mall, you may hear the sound of live music emanating from Skyline Park. You've stumbled upon a free lunch-hour concert series held every Friday, July through August. The concerts begin at 12 p.m. The Skyline Park Free Summer Concerts are sponsored by Southwest Airlines and feature some of Denver's finest musicians. So, bring a blanket and your lunch and take a seat!

Scientific and Cultural Facilities District (SCFD) Free Days

www.scfcd.org/?page=home&sub=4

Colorado residents can enjoy the following cultural attractions for free on select days throughout the summer: The Denver Art Museum August 6, September 3, September 10 (free to all, not just Colorado residents); Denver Botanic Gardens at York Street August 29; Denver Botanic Gardens at Chatfield August 5; Denver Museum of Nature & Science August 22, August 28.



Advance Planning: Medical Powers of Attorney

What's usually called a durable power of attorney for health care (DPOA), is a legal document where you appoint someone you trust to be your health care agent (sometimes called an attorney-in-fact for health care, health care proxy, or surrogate) to make any necessary health care decisions for you and to see that doctors and other health care providers give you the type of care you wish to receive if you cannot make them for yourself.

A health care power of attorney:

- names an individual you trust to make a wide variety of health care decisions for you at any time you cannot do so for yourself, whether or not your condition is terminal;
- becomes effective only when you cannot make your own decisions regarding treatment;
- requires the person you appoint to make decisions that are consistent with your wishes; and
- will not overrule a living will if you have both documents.

If you have any questions regarding Advance Planning, please contact us at 303-789-1519, one of our registered nurses would be happy to answer your questions!

Participant Profile

Idelle “Del” Shepard



Idelle Lois Young was born on May 23, 1925 in Tempe, Arizona. Her grandfather owned the first automated milking machine in the Valley, and was also a dentist. Her family moved to California when her grandfather sold the ranch. Her father was a diesel mechanic and worked for the State. Del worked as a secretary for the LA school district and at Cummins Diesel during the war.

In 1942, she married Neal Shepard, who was an Army Air Force Cadet training for his wings. They were married for 64 years. She has traveled to Panama and lived in the “interior” of Panama. After which Del and Neal were stationed all over the United States including Denver, Colorado, where Neal was stationed at Lowery. They had four children: Michael, Steven, Jan and Vickie. Michael and Steven are gone now, Vickie lives in Tempe, Arizona, and Jan and Del live happily here in Littleton. Del enjoys her grand and great-grand children who live nearby.

Her youngest granddaughter’s family just participated in a family foreign exchange program with a student from France, so now she has a “Great Grandson” from France. She loves to fish and enjoys watching her great-grandsons play sports.

Del is kind, good spirited, and a delight to have with us at JADP!

Johnson Adult Day Program